

Neighborhood Aging Agenda Assessment
 Neighborhood Centers values your privacy. The information collected on this form is anonymous and confidential. Your answers will help us identify the issues most important to seniors and their caregivers. Thank you for helping us.

Please complete the following information about you:

Name of the neighborhood where you live or work:

Fifth Ward Magnolia/East End Sunnyside

or Other: _____

Your Age: check one of the following:

under 25 years old 65-74 years old
 25-34 years old 75-84 years old
 35-49 years old 85-90 years old
 50-64 years old over 90 years old

Your Gender: Female Male

Your Home ZIP Code: _____

Your Race or Ethnicity (check only one):

African American or Black, not Hispanic
 Asian
 Hispanic or Latina/Latino
 White or Anglo, not Hispanic
 Other (specify) _____

Total annual income from everyone living in your home:

under \$5,000 a year \$25,000 - \$29,999
 \$5,000 - \$9,999 \$30,000 - \$34,999
 \$10,000 - \$14,999 \$35,000 - \$39,999
 \$15,000 - \$19,999 \$40,000 - \$44,999
 \$20,000 - \$24,999 \$45,000 and over

Including yourself, how many people live in your home:

1 2 3 4 5+

Do you own or rent your home? Own Rent

How much a month do you pay for rent? \$ _____

What was the last grade in school you completed? _____

Which Best Describes You (check all that apply):

I go to a neighborhood Senior Center (how often?):

<input type="checkbox"/> 4-5 days a week	<input type="checkbox"/> 2-3 days a week
<input type="checkbox"/> 1 day a week	<input type="checkbox"/> less than every week

I mostly stay at home without receiving outside help

I mostly stay at home with outside help

I am a family or informal caregiver for an older adult

I am a professional who works with or on behalf of older adults who reside in this neighborhood

Other: _____

1) Health & Well-Being

Place a check mark next to each item indicating how important it is to you.

GOAL: accessible and integrated health, medical and mental health services that improve the quality of life for seniors (age 60 and over)	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Educate seniors about their health conditions and needs					
2. Teach seniors how to take better care of themselves					
3. Provide seniors with <u>exercise classes</u> that are fun and really work					
4. Teach seniors how to <u>exercise more at home</u> with daily activities					
5. Provide seniors with <u>nutrition classes</u> that are fun and really work					
6. Make sure seniors receive annual physical and dental check-ups					
7. Make sure that doctors who care for seniors share information with other medical staff so that everyone understands the senior's needs					
8. Require that doctors, nurses and social workers receive more training in how to work with older adults					

2) Transportation and Mobility

GOAL: affordable, reliable, safe transportation options for seniors and neighborhoods with safe pedestrian and motorized mobility	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Provide more and better transportation options for seniors					
2. Encourage neighbors who have cars to give rides to seniors for trips to grocery and drug stores, personal care and medical appointments					
3. Make sure that sidewalks, bus stops and street intersection crossings are safe and easy for neighborhood seniors to use					
4. Teach seniors how to drive their cars more safely and confidently					

3) Access to Quality Care *Place a check mark next to each item indicating how important it is to you.*

GOAL: family/ informal caregivers of seniors are trained and have all supports needed to provide quality care; both they and paid in-home care providers are more competent and reliable	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Provide easier access to services like in-home care, home delivered meals, home repair, and housing with support services					
2. Create a special fund that can be used for urgent needs when no other help is available					
3. Make it easier for seniors and their caregivers to find and obtain the services they need, such as creating a easy to use Website describing all senior services available to the community					
4. Use only one application for most services to reduce the number of times someone has to provide the same information					
5. Encourage all health care and service providers to make sure that caregivers of seniors are taking good care of themselves					
6. Provide seniors with more direct individual assistance in finding, applying for and utilizing community services					
7. Teach and assist family and informal caregivers, such as friends and neighbors, in providing high quality care to older adults					
8. Ask companies to help their employees who are caregivers for elderly family members, such as giving them extra time off					
9. Require all in-home personal care workers to be trained, certified and insured <u>before</u> they begin helping an older adult					

4) Basic Needs

Place a check mark next to each item indicating how important it is to you.

GOAL: every senior has nutritious, affordable food choices and help paying rent and home utilities	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Make it easier for seniors to find reliable help for paying rent and home utilities bills – electricity, gas, water – and phone bills					
2. Enroll more seniors in home-delivered meals					
3. Make it easier for seniors to obtain fresh fruits and vegetables					
4. Provide more older adults with neighborhood senior centers that provide daily recreation, social activities, education and meals					
5. Create more or larger neighborhood sites to give out free food and basic household supplies					

5) Housing

GOAL: every senior has access to adequate and affordable housing	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Make it easier for seniors to obtain rent and utilities payment assistance					
2. Make it easier for seniors to find reliable and affordable home and yard maintenance services					
3. Educate seniors about home repair issues, and help them avoid being cheated when fixing-up their house					
4. Provide seniors with reliable, affordable minor home repair and modification services needed for safety and security					
5. Find reliable volunteers to help repair seniors’ homes at less cost					

6) Safety and Security *Place a check mark next to each item indicating how important it is to you.*

GOAL: seniors are protected from fire and crime, home safety hazards, abuse and mistreatment, and financial fraud	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Take persons who commit crimes against seniors to court and punish them severely					
2. Make public a list of anybody who commits a crime against a senior so that future employers could know about it					
3. Teach seniors how to protect themselves from home fire hazards					
4. Teach seniors to protect themselves against fraud and scams					
5. Teach seniors how to protect themselves against abuse and mistreatment by anyone, including their own relatives					

7) Civic Engagement, Volunteerism and Employment

GOAL: seniors have many opportunities for civic engagement, employment and volunteerism to choose from	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Make sure seniors know how to contact their elected officials for help with city services and other concerns					
2. Help seniors become more involved in civic activities and other volunteer opportunities					
3. Help seniors pay for their transportation and other costs they have when they volunteer					
4. Create more employment opportunities especially for seniors					
5. Teach seniors new skills that improve their employment options					

8) Spirituality, Culture, Recreation and Lifelong Learning

GOAL: seniors have appropriate social, recreational, education and religious opportunities to enhance their quality of life	The Most Important	Very Important	Somewhat Important	Not Very Important	Do Not Know
1. Offer more activities and classes for seniors at neighborhood stores, businesses, schools and community centers					
2. Connect seniors with recreation and lifelong learning classes					
3. Work with organizations and businesses on making their stores, facilities and offices easier for seniors to use					

9. Answer the following questions by drawing a circle around the response that you most agree with:

1. How sure or confident are you that you will be able to live in your current home for as long as you like?	Very Confident	Somewhat Confident	Not Too Confident	Not at All Confident
2. How well does the amount of money you have take care of necessities?	Very Well	Fairly Well	Not Too Well	Not Well at All
3. How would you describe or rate your personal health?	Very Good	Good	Fair	Poor
4. How do you rate your personal safety and security in your neighborhood?	Very Good	Good	Fair	Poor
5. How do you rate your neighborhood for ease and safety of walking?	Very Good	Good	Fair	Poor
6. Overall, how satisfied are you with your neighborhood as a place for you to continue living comfortably as you grow old?	Very Satisfied	Somewhat Satisfied	Not Too Satisfied	Not at All Satisfied
7. How many times a DAY do you eat fresh fruits or vegetables?	5 or more times a day	3 to 4 times a day	1 to 2 times a day	Less than one time a day
8. How many times a WEEK do you exercise continuously for at least 30 minutes at a time, with a group or in a class, or at home by yourself?	5 times or more a week	3 to 4 times a week	1 to 2 times a week	Less than one time a week
9. How many times a WEEK do you go out shopping, or go to church services or activities, or visit a community center or library, or just get together with friends for social or recreational activities?	10 times or more a week	5 to 9 times a week	1 to 4 times a week	Less than one time a week
10. How many times a WEEK do you receive help from a relative or friend with household chores, transportation, meals or other daily activities?	10 times or more a week	5 to 9 times a week	1 to 4 times a week	Less than one time a week