

*APS Training Project and  
L.A. Gay & Lesbian Center presents:*

## ***Creating Safe Spaces for Lesbian, Gay, Bisexual and Transgender Seniors***

*Advanced Training Series 2013  
Statewide Training for APS Staff  
& Partners*



The Statewide Adult Protective Services Training Project is funded by an APS training grant from the California Department of Social Services, Adult Services Division.

The training project is a collaboration between the Academy for Professional Excellence/Project MASTER, Bay Area Academy, Central California Social Welfare Evaluation, Research & Training Center, Northern California Training Academy and the Protective Services Operations Committee (PSOC) of CWDA.

### **Training Outline**

According to the US Census, LGBT people live in 99% of counties in the United States. While no definitive population figure exists, estimates are that LGBT seniors represent 3-10% of the total senior population. In California, that would make the senior LGBT population between 132,000 to 440,000 residents.

An understanding of the lived experience of LGBT seniors will help APS staff better understand the characteristics of: resiliency, trauma, anger, depression, addiction and domestic violence. The training will include positive aspects of LGBT aging as well.

**Learning Objectives** - Upon completion of the training, participants will be able to:

1. Understand the negative impact of chronic stress in relation to keeping a secret, self censorship, and discrimination.
2. Know the history of stigmatization, marginalization and discrimination of the sexual minority community and how that impacts their clients today, including a client's decision to be open about his or her sexual orientation or not.
3. Know the difference between identity and the clinical nomenclature of the sexual minority community including the most appropriate inclusive vocabulary to use in their practice.
4. Identify the specific social, economic and policy challenges faced by LGBT seniors, State of California and Federal policies that impact the practice of APS staff and develop their own strategies to create welcoming space for LGBT seniors.

### **Intended Audience:**

All levels of Adult Protective Services staff and Aging & Adult Services partners.

### **Trainer Bio:**

**Kathleen Sullivan, PhD**

is director of Seniors Services for the LA Gay & Lesbian Center. She



received her Ph.D. in Urban Studies and Planning with gerontology and research methods being her primary fields of study. Her reentry to academia was inspired by a campaign volunteer in his late 70s who revealed that he was no longer able to care for himself. He had spent the first half of his life “in the closet” and feared he would have to return to the “closet” if he entered a long-term care facility. His story and concern was the impetus to study housing and develop housing and safe space for LGBT seniors. To date, Dr. Sullivan has trained over 1,000 providers of care for seniors in California. She speaks on housing for sexual minority seniors and was recently featured at the first HUD conference on housing for LGBT seniors in Washington, D.C. Dr. Sullivan provides cultural competency lectures and trainings to organizations and Department of Aging throughout Southern California.

**Easy Registration:** Select one training location and **fax the entire registration form to the host training academy listed below.** Please print clearly. All registration deadlines are 7 business days prior to the training. ***Please note: Interest in trainings is high — register early as limited space is available.***

**October 30, 2012\***  
**Oceanside, CA**  
 San Diego Co. H&HS Agency  
 No. Coast Regional Center  
 1701 Mission Ave  
 Oceanside, CA 92054  
 Host: Academy for Professional Excellence  
 Fax: 619-594-1118  
 Contact: Cynthia Lopez 619-594-2064

**January 14, 2013\***  
**Los Angeles, CA**  
 Center for Healthy Communities  
 CA Endowment  
 1000 N. Alameda Street,  
 Los Angeles, 90012  
 Host: Academy for Professional Excellence  
 Fax: 619-594-1118  
 Contact: Cynthia Lopez 619-594-2064

**January 15, 2013\***  
**Los Angeles, CA**  
 Center for Healthy Communities  
 CA Endowment  
 1000 N. Alameda Street,  
 Los Angeles, 90012  
 Host: Academy for Professional Excellence  
 Fax: 619-594-1118  
 Contact: Cynthia Lopez 619-594-2064

**February 6, 2013**  
**Fresno, CA**  
 University Square Hotel  
 4961 N. Cedar Ave.  
 Fresno, 93724  
 Host: Central Academy  
 Fax: 559-228-4099  
 Contact: Barbara Foster 559-228-4093

**February 7, 2013**  
**Fresno, CA**  
 University Square Hotel  
 4961 N. Cedar Ave.  
 Fresno, 93724  
 Host: Central Academy  
 Fax: 559-228-4099  
 Contact: Barbara Foster 559-228-4093

**March 5, 2013**  
**Oakland, CA**  
 CA Endowment Oakland Conference Center  
 1111 Broadway, 7th Floor  
 Oakland, 94607  
 Host: Academy for Professional Excellence/Bay Area Academy  
 Fax: 619-594-1118  
 Contact: Cynthia Lopez 619-594-2064

**March 6, 2013**  
**Santa Rosa, CA**  
 Finley Community Center  
 Evert Person Auditorium  
 2060 West College Ave.  
 Santa Rosa, CA 95401  
 Host: Academy for Professional Excellence/Bay Area Academy  
 Fax: 619-594-1118  
 Contact: Cynthia Lopez 619-594-2064

**April 16, 2013**  
**Sacramento, CA**  
 KVIE Public Television  
 Ose Community Room  
 2030 W. El Camino Ave.  
 Sacramento, 95833  
 Host: Northern Training Academy  
 Fax: 530-752-6910  
 Contact: Chris Juvinall 530-757-8688

**April 17, 2013**  
**Redding, CA**  
 Shasta Builder's Exchange  
 Shasta Hall  
 2985 Innsbruck Dr.  
 Redding, 96003  
 Host: Northern Training Academy  
 Fax: 530-752-6910  
 Contact: Chris Juvinall 530-757-8688

\* All Trainings are **FREE** of charge and held 9:00am–3:30pm with registration beginning at 8:30am.

\* Morning refreshments/Lunch is on your own

\* Approved to offer 5 CEU credits for LCSW's, LMFT's and CA BRN—please have license numbers available training day.

**\*Note: There is a small fee for CEU's issued by the Academy for Professional Excellence/SDSU - \$6 per CEU/\$30 total. Checks payable on training day to SDSU Research Foundation. Applicable at the October 30, January 14, and January 15 trainings.**

**Public Guardians**

Approved to offer 5 Public Guardian Credits.

Public Guardian Registration: Please register with the host training academy listed **AND** through the Association website to pay for and receive PG credits. Payment for PG credits **will not** be accepted at training sites. Certificates of completion will be available as proof of training attendance.

***Please Note — Information is required for registration***

**Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**County:** \_\_\_\_\_

**Department— Please choose one:**

APS \_\_\_\_ APS/IHSS \_\_\_\_ IHSS \_\_\_\_

PG/PA/PC \_\_\_\_ Ombudsman \_\_\_\_ Other \_\_\_\_

**Primary Job Assignment—Please choose one:**

Line worker \_\_\_\_ Supervisor \_\_\_\_

Manager \_\_\_\_ Other \_\_\_\_

**CONTINUING EDUCATION UNITS (CEU's)**

The California Regional Training Academies are approved as Continuing Education providers by the Board of Behavioral Sciences and the Board of Registered Nursing:

\*Academy for Professional Excellence — PCE 3776 and CEP 15014

\*Bay Area Academy—PCE 1854 and CEP 13140

\*Social Welfare Evaluation, Research and Training Center — PCE 3936 and CEP 14728

\*Northern California Training Academy – PCE 577 and CEP 00046

Courses meet the qualifications for continuing education credits for CAMFTs, LCSWs, and RNs as required by the Board of Behavioral Sciences or the Board of Registered Nursing. Applicants are required to complete the full workshop hours to receive a CEU certificate. **NO EXCEPTIONS. Time will be strictly monitored.**